JANUARY 2025 INDEPENDENT LIVING CALENDAR OF EVENTS

Adult Living For Those Who Seek More.										
SUN	Mon	TUE	WED	Тни	FRI	SAT				
	Hello		1 9:00 Open Swim No Guard 9:00-10:30 First Trust Bank IL LB 10:00 Exercise IL CMR 11:00 Corn Hole IL WC 11:00 Music w/ Jan IL GR 6:00 Pinochle IL GR	with Nicole 10:00 Land Exercises with Nicole IL WC 11:00 Cornhole IL CMR 11:00 Communion AL CC 11:00 Music w/ Mary IL GR	9:30 Shop-N-Bank Kankakee Sign Up FL 10:00 Tai-Chi w/Gary ILWC	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Cornhole IL CMR 11:00 Music with Jan IL GR 2:30 Afternoon Movie Elvis IL TR				
9:00 Open Swim No Life Guard 10:00 Technology Assis- tance/ caremerge Sign UP 10:45 Max, Carol & Suzanne All Faith's Wor- ship IL CMR 1:30 Domino's IL CR 3:00 Open Swim No Life Guard	9-3 Goodwill Donations IL GR by piano 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Bible Study w/Marsha Collins IL CR 11:00 Corn Hole IL CMR 11:00 Recite the Rosary ILTR 11:00 Music w/Mary ILGR 2:00 Bingo AL CC 3:30 Wine Social IL GR	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Corn Hole IL CMR 11:00 Cracker Barrel Lunch Outing sign up 2:00 Popcorn IL GR 2:00 Super Foods with Kaitlyn Yogurt IL CMR 2:30 Euchre IL GR 6:15 Choir practice AL CC	8 Elvis Bday 9:00 Open Swim No Guard 9:00-10:30 First Trust Bank IL LB 10:00 Exercise IL CMR 11:00 Corn Hole IL WC 11:00 Music w/ Jan IL GR 1:30 Shopping Kankakee South Sign Up 2:00 Environmental meeting IL Lb 2:00 Welcome Committee IL CR 3:00 Skip-bo AL CC 3:30 Elvis Birthday day Social IL GR 6:00 Pinochle IL GR	9 Lab DRAWS 8:30 Dine and Discover IL DR 9:00 Aquatic exercise with Nicole 10:00 Land Exercises with Nicole IL WC 11:00 Cornhole IL CMR 11:00 Communion AL CC 11:00 Music w/ Mary IL GR 2:00 Bingo AL CC 3:00 Hot Cocoa Bar IL GR 6:30 Trivia W/ Chip IL CMR	10:00 Tai-Chi w/Gary ILWC 11:00 Corn Hole IL CMR	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Cornhole IL CMR 11:00 Music with Jan IL GR 2:00 Piano Students IL Gr 2:30 Afternoon Movie To Kill a Mockingbird IL TR				
9:00 Open Swim No Life Guard 11:00 Music with Jan IL GR 1:30 Dominos IL CR 3:00 Open Swim No Life Guard	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Bible Study w/Marsha Collins IL CR 11:00 Corn Hole IL CMR 11:00 Recite the Rosary IL TR 11:00 Music w/ Mary IL GR 2:00 Bingo AL CC 3:30 Wine Social IL GR	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Corn hole IL CMR 2:00 Popcorn IL GR 2:00 Page Turner's Book IL CR 2:00 Food Committee Meeting IL Private Dining 2:30 Euchre IL GR 3:30 Winter Games IL CMR 6:15 Choir Practice AL CC	10:00 Exercise IL WC 11:00 Cornhole IL CMR 11:00 Music w/ Jan IL GR	16 LAB DRAWS 9:00 Aquatic exercise with Nicole 10:00 Land Exercises with Nicole IL WC 11:00 Corn Hole IL CMR 11:00 Music w/ Mary ILGR 11:00 Communion AL CC 2:00 Bingo AL CC 6:30 Evening Concert with Kelli Bonomo Refreshments following program IL GR	8:30 Woman's Breakfast Sign up w/ Culinary779-801-3010 9:00 Open Swim No Life Guard 9:30 Shop-N-Bank Kankakee Sign Up FL 10:00 Tai-Chi w/Gary IL WC 11:00 Corn Hole IL CMR 1:30 Shop N Bank Bourbonnais 2:00 Bingo IL CMR 4:00 Happy Hour w/ Mark ILCMR 6:30 Evening Movie Take the Lead IL TR	11:00 Corn Hole IL CMR 11:00 Music with Jan IL GR 2:30 Afternoon Movie Babys Day Out IL TR				

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SUN	Mon	TUE	WED	THU	Fri	SAT
9:00 Open Swim No Life Guard 10:00 Technology Assis- tance/ caremerge Sign UP 10:45 Max, Carol & Suzanne All Faith's Wor- ship IL CMR 1:30 Domino's IL CR 3:00 Open Swim No Life Guard	20 National Cheese Day 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Bible Study w/Marsha Collins IL CR 11:00 Corn Hole IL CMR 11:00 Recite the Rosary IL 11:00 Music with Mary GR 2:00 Servants of the Holy Heart Affiliate Prayer Group IL CR 2:00 Bingo AL CC 3:30 Wine and Cheese Social IL GR Happy Birthday Darlene Brandt	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Corn hole IL WC 11:00 JR Chicken Lunch Outing sign up 1:30 Activity Meeting IL LB 2:00 Popcorn IL GR 2:30 Euchre IL GR 3:00 Happy January Birthdays Social W/ Elvis AL CC all welcome to attend 6:00 Sip and Paint with Patti sign up space is limited IL CMR	9:00 Open Swim No Life Guard 9:00-10:30 First Trust Bank IL GR 10:00 Exercise IL WC 11:00 Corn hole IL CMR 11:00 Music w/ Jan ILGR 12:30 Dr. Raley Podiatrist 1:30 1:30 Shopping Kankakee South Sign Up 6:00 Pinochle GR 3:00 Skip-bo AL CC 4:00 Boost your mood with Marsha IL CMR	23 National Pie Day! LAB DRAWS 9:00 Aquatic Exercise with Nicole 10:00 Land Exercises with Nicole IL WC 11:00 Cornhole IL CMR 11:00 Communion AL CC 11:00 Music w/ Mary IL GR 2:00 Bingo AL CC 2:00 All Resident Meeting IL CMR 3:00 Pie and coffee is served IL GR	9:00 Open Swim No Life Guard 9:30 Shop-N-Bank Kankakee Sign Up FL 10:00 Tai-Chi w/Gary IL WC 11:00 Corn Hole IL CMR 1:30 Shop N Bank Bourbon- nais Sign Up FL 2:00 Bingo IL CMR 4:00 Happy Hour w/ MarkILCMR 6:30 Evening Movie The Mexican IL TR	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Cornhole IL CMR 11:00 Music with Jan IL GR 2:30 Undercover Brides- maid Afternoon movie IL TR Undercover BRIDESMAID
9:00 Open Swim No Life Guard 10:00 Technology Assis- tance/ Caremerge Sign UP 11:00 Church Hymns with Jan IL GR 1:30 Country Drive sign up 1:30 Domino's IL CR. 3:00 Open Swim No Life Guard	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Bible Study w/Marsha Collins IL CR 11:00 Corn Hole IL CMR 11:00 Recite the Rosary IL TR 11:00 Music with Mary IL GR 2:00 Bingo AL CC 3:30 Wine Social IL GR	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Cornhole IL CMR 2:00 Popcorn IL GR 3:00 looms of love IL 317 3:00 Snowman Craft IL	9:00 Open Swim No Life Guard 9:00-10:30 First Trust Bank IL GR 10:00 Exercise IL WC 11:00 Corn hole IL CMR 11:00 Music w/ Jan ILGR 1:30 Shopping R.50 Sign Up 3:00 Skip-bo AL CC 3:00 Cranberry Apple Sangria Cocktail Hour IL GR 6:00 Pinochle GR	30 LAB DRAWS 10:00 Exercises IL WC 11:00 Cornhole IL CMR 11:00 Communion AL CC 11:00 Music w/ Mary IL GR 2:00 Bingo AL CC 3:00 Hot Cocoa Bar IL GR	31 9:00 Open Swim No Life Guard 9:30 Shop-N-Bank Kankakee Sign Up FL 10:00 Tai-Chi w/Gary IL WC 11:00 Corn Hole IL CMR 1:30 Shop N Bank Bourbon- nais Sign Up FL 2:00 Bingo IL CMR 4:00 Happy Hour w/ Markilcmr 6:30 Evening Movie The Break-up IL TR	
Bus Schedule for Church Services 8:00 St. Paul's	Shopping Locations: Kankakee: Walgreens, CVS, Jewel & Banks Berkots Bourbonnais: Kroger, Aldi, Walgreens Jewel & Banks Kankakee South: Walmart, Dol-	Paint an Sip with Patti Design will be Valentines Day themed nome sign up space is limited.	Partners with residents & their f	Life Communities families to identify their desires & eams, needs, passions, & abilities to life. us on the		7

10:00 **Asbury** 10:30 Maternity Church 11:00 Saint John Paul

lar Tree, Aldi RT. 50 Bourbonnais: Meijer, Target, Marshalls, Kohls, Walmart and hobby lobby Outings One time a month Meetings Socials Church AL CC: Asst. Conference Center IL CR: IL Card Room IL GR: IL Great Room
IL CMR: IL Community Room
IL WC: Wellness Center IL TR: Theater Room IL AR: Art room IL LB: IL Library



Dimensions of Wellness to assure our residents are provided a well-

Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one opportunities to assure all of our residents are engaged.

If you or your loved ones have suggestions for something that you enjoy.

enjoy, please do not hesitate to let us know. We are here to serve you





100 Westwood Oaks CT. Kankakee, IL 60901