

JANUARY 2025 | MEMORY CARE CALENDAR OF EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>BOURBONNAIS GROVE Riverside Senior Life Communities 85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p>	<p>VISITING PHYSICIANS: Dr. Guntunpalli-Psychiatrist January 2, 2025</p> <p>Dr. Raley-Podiatrist January 15, 2025</p> <p>To schedule a single or re-occurring appointment, Please contact The Concierge</p>	<p>VISITING PHYSICIANS: Liz Deck, NP January 8, 2025 January 22, 2025</p> <p>Audiologist-TBD</p> <p>PLEASE NOTE ALL PROGRAMS ARE SUBJECT TO CHANGE .</p>	<p>MANICURES: Available by Activities</p> <p>HAIR APPOINTMENTS: Tuesdays: 9:00a-12:30p Wednesdays: 1:00p-4:00p</p> <p>BANKING SERVICES: First Trust Bank Tuesday 1st & 15th Available to cash checks, make deposits & withdrawals Please contact the Concierge</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		
			<p>8:45 a.m. Daily Morning Greetings /Chronicles</p>			
			<p>1 Happy New Years 8:45am Morning Greetings /Chronicles 9:30 Exercises 10:00 Hydration Time 10:30 A-Z game 1:30 UNO 2:30 Snack & Chat 3:00 IN2L Videos</p>	<p>2 9:30 Cardio 10:00 Hydration Time 10:30am Country DriveCC Movie JD 1:30 Tenzie 2:15 Snack & Chat 2:40 Communion 3:00 Rhythmn Band</p>	<p>3 9:30 Senior Motown EX 10:00 Hydration Time 10:30 You Tube Fun 1:30 Jolly Joggers 2:30pm Chit Chat 3:00pm HAPPY HOUR!</p> 	<p>4 9:30 Stretch EX 10:00 Hydration 10:30 Mem. Game 1:30 B-I-N-G-O 2:30 Snack &Chat 3:00 Sing with Me</p> 
<p>5 8:45 Morning Greeting/Chronicles 9:30 Online Mass 10:30 Hydration Time 1:30 Table Games 2:30 Popcorn Cart 3:00 Creative Coloring 4:00 Music Meditation(CC,JD)</p>	<p>6 9:30 Drummercises 10:00 Hydration Time 10:30 Mind Benders 1:30 Crafty Corner 2:30 Smack & Chat 3:00 In2I Games 3:30 One On Ones</p> 	<p>7 9:00 Pretty Nails 10:30 Hydration Time 1:30 B-I-N-G-O 2:30 Snack & Chat 3:00 Sing with Me 3:30 One on Ones</p> 	<p>8 Elvis Day 9:30 Sittercises 10:00 Hydration Time 10:15 Max& Carol 2:00 Jan Birthday Social 3:00 IN2I Trivia 3:30 One On Ones</p>  <p>6:00 Pete's Band</p>	<p>9 9:30 Cardio 10:00 Hydration 10:30 Country Drive JD Movie CC 1:30 Table Book Hockey 2:15 Snack & Chat 2:40 Communion 3:00 Rhythmn Band</p>	<p>10 :930 Senior Motown EX 10:00 Hydration Time 10:30 You Tube Fun 1:30 Jolly Joggers 2:30pm Chit Chat 3:00pm HAPPY HOUR!</p> 	<p>11 :930 Stretch EX 10:00 Hydration 10:30 Mem. Game 1:30 B-I-N-G-O 2:30 Snack &Chat 3:00 Sing with Me</p> 

JANUARY 2025 | MEMORY CARE | CALENDAR OF EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
<p>12 9:30 Online Mass 10:30 Hydration Time 1:30 Table Games</p>  <p>2:30 Popcorn Cart 3:00 Creative Coloring 4:00 Music Meditation(CC,JD)</p>	<p>13 9:30 Putt Putt Golf 10:00 Hydration Time 10:30 Mind Benders 1:30 Crafty Corner 2:30 Snack & Chat 3:00 IN2L Games 3:30 One On Ones</p> 	<p>14</p>	<p>15</p>	<p>16</p>	<p>17 NAT'L Pizza DAY 9:30 Senior Motown EX 10:00 Hydration Time 10:30 You Tube Fun 1:30 Jolly Joggers 2:30pm Chit Chat 3:00pm HAPPY HOUR</p> 	<p>18 9:30 Stretch EX 10:00 Hydration 10:30 Mem. Game 1:30 B-I-N-G-O 2:30 Snack&Chat 3:00 Sing with Me</p> 
<p>19 8:45 Morning Greeting/Chronicles 9:30 Online Mass 10:30 Hydration Time 1:30 Table Games</p>  <p>2:30 Popcorn Cart 3:00 Creative Coloring 4:00 Music Meditation(CC,JD)</p>	<p>20 Cheese Lover's Day 9:30 Soccer Circle 10:00 Hydration Time 10:30 Proverbs 1:30 Crafty Corner 2:30 Snack & Chat 3:00 IN2L Games 3:30 One On Ones</p> 	<p>21</p>	<p>22 9:30 Stretch Ex 10:00 Hydration Time 10:30 Outing -Wendy's</p>  <p>2:00 Dave Deneau Music 3:00 Snack & Chat 3:30 One On Ones</p>	<p>23</p>	<p>24 9:30 Senior Motown EX 10:00 Hydration Time 10:30 You Tube Fun 1:30 Jolly Joggers 2:30pm Chit Chat 3:00pm HAPPY HOUR</p> 	<p>25 9:30 Stretch EX 10:00 Hydration 10:30 Mem. Game 1:30 B-I-N-G-O 2:30 Snack&Chat 3:00 Sing with Me</p> 
<p>26 8:45 Morning Greeting/Chronicles 9:30 Online Mass 10:30 Hydration Time 1:30 Table Games 2:30 Popcorn Cart 3:00 Creative Coloring 4:00 Music Meditation(CC,JD)</p>	<p>27 9:30 Bowling 10:00 Hydration Time 10:30 Mind Benders 1:30 Crafty Corner 2:30 Snack & Chat 3:00 IN2L Games 3:30 One On Ones</p> 	<p>28</p>	<p>29</p>	<p>30</p>	<p>31 9:30 Senior Motown EX 10:00 Hydration Time 10:30 You Tube Fun 1:30 Jolly Joggers 2:30pm Chit Chat 3:00pm HAPPY HOUR</p> 	