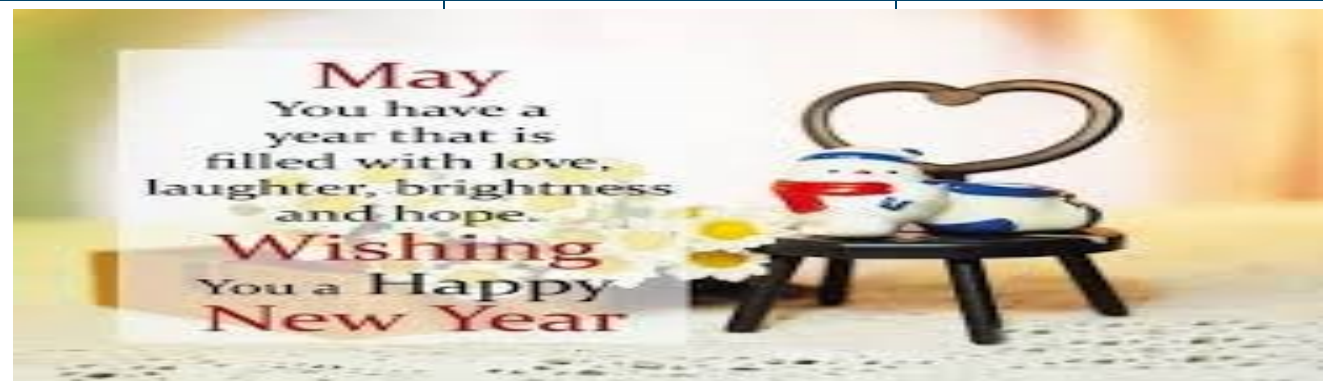


# JANUARY 2025 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT	
 <p><b>RIVERSIDE</b> SENIOR LIFE COMMUNITIES Assisted Living &amp; Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS:</p> <p><b>Dr. Guntunpalli—Psychiatrist</b> January 2, 2025</p> <p><b>Dr. Raley—Podiatrist</b> January 15, 2025</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS:</p> <p><b>Liz Deck, NP</b> January 8, 2025 January 22, 2025</p> <p>Audiologist TBD</p>	<p>SALON SERVICES:</p> <p><b>Manicures</b> Available by Activities</p> <p><b>Hair Appointments</b> Tuesdays: 9:00a—2:00 Wednesdays: 12:00p—2:00p</p> <p>BANKING SERVICES: <b>First Trust Bank</b> Every other Tuesday Available to cash checks, make deposits &amp; withdrawals. Please contact the Concierge January 14, 2025</p>	<p><b>Riverside Senior Life Communities</b></p> <p>Partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><b>Dimensions of Wellness Categories:</b> ● = Cognitive   ● = Emotional   ● = Physical   ● = Social   ● = Spiritual</p>			








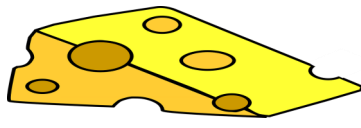










<p><b>1 HAPPY NEW YEAR</b> 9:30a Cardio &amp; Weights 10:00a Independent Bible Study &amp; Devotional Club Room 11:30a <b>Mimosa's in Café</b></p> <p>1:30p <b>NEW YEARS B-I-N-G-O</b> 3:30P <b>Karaoke in CR</b></p>	<p><b>2</b> 9:30a Chair Yoga 10:15a Pastor Sam Bible Study 11:00a <b>PRETTY NAILS</b> 2:00p Super Foods with Kaitlyn-Yogurt 2:30p Communion 3:00p Country Drive</p>	<p><b>3</b> 9:30a Cardio &amp; Strength 10:00a Euchre Club 1:30p B-I-N-G-O 3:00p <b>HAPPY HOUR</b> 4:00p Café Trivia 5:00p Movie of Choice</p> 	<p><b>4</b> 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table Game of choice 1:30p Puzzle Packets</p> <p><b>HAPPY BIRTHDAY JEAN Z. &amp; BARRY C.</b></p>	
<p><b>5</b> 9:00a Online Mass 9:15a Morning Meet &amp; Greet In Café</p>  <p>1:30p Popcorn Cart 2:30p Movie Time 3:00p Poetry Club 4:00p Café Chat</p>	<p><b>6</b> 9:30a Cardio &amp; Strength 10:30a Trivia Chat in CR 1:30p <b>B-I-N-G-O</b> 2:45p Bingo Store 3:00p <b>Euchre Club</b> 4:00p Café Chat</p>  <p><b>HAPPY BIRTHDAY JUDY W.</b></p>	<p><b>7</b> 9:30a Tai Chi</p> <p>10:30a <b>PRETTY NAILS and Eye Glass Cleaning</b></p> <p>1:30p Black Jack Cards</p> <p>3:00p Pastor Chambers Bible Study in Club Room</p>	<p><b>8 NAT'L PEANUT BUTTER BANANA SANDWICH DAY</b> 9:30a Cardio &amp; Weights 10:15a Max &amp; Carol 2:00p <b>BIRTHDAY SOCIAL</b> 3:30p Jeopardy (ABC TV) 4:00p Cafe Chat 6:00p <b>PETE'S BAND</b></p> 	
		<p><b>9</b> 9:30a Chair Yoga 10:15a Pastor Sam Bible Study 11:00a <b>PRETTY NAILS</b> <b>1:30 Table Game of Choice</b> 2:30p Communion 3:00p Country Drive <b>HAPPY BIRTHDAY MARY JOAN</b></p>	<p><b>10</b> 9:30a Cardio &amp; Strength 10:00a Euchre Club 1:30p B-I-N-G-O 3:00p <b>HAPPY HOUR</b> 4:00p Café Trivia 5:00p Movie of Choice</p> 	<p><b>11</b> 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table game of choice 1:30p Puzzle Packets</p> 



# JANUARY 2025 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>12</b> 9:00a Online Mass 9:15a Morning Meet &amp; Greet In Café 1:30p Popcorn Cart  2:30p Movie Time 3:00p Euchre Club 4:00p Café Chat</p>	<p><b>13</b> 9:30a Cardio &amp; Strength 10:15a <b>SNOWMAN WINDOW PEAK CRAFT</b> 1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat </p>	<p><b>14</b> 9:30a Tai Chi 10:30a <b>PRETTY NAILS and Eye Glass Cleaning</b> 10:30 Grub Club 1:30p Kings Corner 3:00p Pastor Chambers Bible Study in Club Room 4:00p Café Chat</p>	<p><b>15</b> 9:30a Cardio &amp; Weights 10:45a <b>OUTING "5 BELOW"</b>  1:30p CINNAMON ROLLS BAKING IN CR 2:00-3:00p <b>MICK PORTER</b> 3:30p Jeopardy (ABC TV) 4:00p Cafe Chat</p>	<p><b>16</b> 9:30a Chair Yoga 10:15a Pastor Sam Bible Study 11:00a <b>PRETTY NAILS</b> 2:00 <b>Town Hall Meeting</b> 2:30p Communion 3:00p Country Drive </p>	<p><b>17 NAT'L PIZZA DAY</b> 9:30a Cardio &amp; Strength 10:00a Euchre Club 1:30p B-I-N-G-O 3:00p <b>HAPPY HOUR</b> 5:00p Movie of Choice </p>	<p><b>18</b> 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table Games 1:30p Puzzle Packets </p>
<p><b>19</b> 9:00a Online Mass 9:15a Morning Meet &amp; Greet In Café 1:30p Popcorn Cart  2:30p Movie Time 4:00p Café Chat</p>	<p><b>20 NAT'L CHEESE LOVER'S DAY</b> 9:30a Cardio &amp; Strength 10:30a <b>Spiced Candied Pecans</b> 1:30p <b>B-I-N-G-O</b> 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat </p>	<p><b>21</b> 9:30a Tai Chi 10:30a <b>PRETTY NAILS and Eye Glass Cleaning</b> 1:30p <b>Black Jack Cards</b> 3:00p Pastor Chambers Bible Study in Club Room 4:00p Café Chat</p>	<p><b>22</b> 9:30a Cardio &amp; Weights 10:45a <b>OUTING WENDY'S</b>  1:30p Table Games of Choice CR 2:00-3:00p <b>DAVE DEAU</b> 3:00p <b>Trivia Contest Prizes</b> 4:00p Café Chat</p>	<p><b>23 NAT'L HOMEMADE SOUP DAY</b> 9:30a Chair Yoga 10:15a Pastor Sam Bible Study 11:00a <b>PRETTY NAILS</b> 1:30 <b>Table Game Of Choice</b> 2:30p Communion 3:00p Country Drive</p>	<p><b>24</b> 9:30a Cardio &amp; Strength 10:00a Euchre Club 1:30p <b>B-I-N-G-O</b> 3:00p <b>HAPPY HOUR</b> 5:00p Movie of Choice </p>	<p><b>25</b> 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table Games 1:30p Puzzle Packets </p>
<p><b>26</b> 9:00a Online Mass 9:15a Morning Meet &amp; Greet In Café 1:30p Popcorn Cart  2:30p Movie Time 4:00p Café Chat</p>	<p><b>27 NAT'L CHOCOLATE CAKE DAY</b> 9:30a Cardio &amp; Strength 10:30a Craft Time with Marie 1:30p B-I-N-G-O  2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</p>	<p><b>28</b> 9:30a Tai Chi 10:30a <b>PRETTY NAILS and Eye Glass Cleaning</b> 1:30p Blitz Cards 3:00p Pastor Chambers Bible Study in Club Room 4:00p Café Chat</p>	<p><b>29</b> 9:30a Cardio &amp; Weights 10:15a <b>SNICKERDOODLES BAKING IN CR</b>  3:30p Jeopardy (ABC TV) 4:00p Cafe Chat 4:30p Eye Glass Cleaning</p>	<p><b>30</b> 9:30a Chair Yoga 10:15a Pastor Sam Bible Study 11:00a <b>PRETTY NAILS</b> 2:00 Taste&amp; Travel 2:30p Communion 3:00p Country Drive</p>	<p><b>31</b> 9:30a Cardio &amp; Strength 10:00a Euchre Club 1:30p B-I-N-G-O 3:00p <b>HAPPY HOUR</b> 5:00p Movie of Choice </p>	<p></p>