

MARCH 2025 MEMORY CARE CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>St. Patrick's Day Greeting Mallow Castle, Co. Cork.</p>			<p>VISITING PHYSICIANS</p> <p>Dr. Raley, Podiatrist • March (TBD)</p> <p>Erin Dean, FNP-BC (If you would like to switch over to her as your primary care giver) See Rosa Rodriguez for details.</p> <p>To schedule a single or reoccurring appointment, please contact Terri in the Memory Care office.</p>			<p>1</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 3:00 – Afternoon Refresher 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks
<p>2</p> <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	<p>3</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	<p>4 MARDI GRAS</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – IN2L Trivia 1:30 – Quiet Reflections In The Sensory Room 3:00 – Mardi Gras Social 9:00 – Late Night Snacks 	<p>5 ASH WEDNESDAY</p> <ul style="list-style-type: none"> 9:30 – Noodle Balloon Toss 10:30 – Table Games 1:30 – Music Connections 3:00 – Finish The Lyrics 6:00 – One to One Visit 9:00 – Late Night Snacks <p><i>Happy Birthday Ruth G.!</i></p> 	<p>6</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Manicures 1:00 – Inspirational Melodies 3:00 – IN2L Trivia Time 6:00 – A Dose of Devotion 9:00 – Late Night Snacks 	<p>7</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Starving Artists 3:00 – Happy Hour Sing A Long 6:00 – IN2L Computer (Funny Videos) 9:00 – Late Night Snacks 	<p>8</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 3:00 – Afternoon Refresher 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks
<p>9 DAY LIGHT SAVINGS</p> <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	<p>10</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	<p>11</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – IN2L Trivia 1:30 – Quiet Reflections In The Sensory Room 6:00 – Lifetime Movie 9:00 – Late Night Snacks 	<p>12</p> <ul style="list-style-type: none"> 9:30 – Noodle Balloon Toss 10:30 – Table Games 1:30 – Music Connections 3:00 – Finish The Lines 6:00 – One to One Visit 9:00 – Late Night Snacks 	<p>13</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Play Date with Layla and Reid 1:00 – Inspirational Melodies  3:00 – IN2L Trivia Time 6:00 – A Dose of Devotion 9:00 – Late Night Snacks 	<p>14</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Manicures 3:00 – Happy Hour Sing A Long 6:00 – IN2L Computer (Funny Videos) 9:00 – Late Night Snacks 	<p>15</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 3:00 – Afternoon Refresher 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks

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SUN	MON	TUE	WED	THU	FRI	SAT
<p>16</p> <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 2:00 – Irish Dancers 6:00 – Reminisce 9:00 – Late Night Snacks 	<p>17 ST. PATRICKS DAY</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	<p>18</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – IN2L Trivia 1:30 – Quiet Reflections In The Sensory Room 6:00 – Lifetime Movie 9:00 – Late Night Snacks 	<p>19</p> <ul style="list-style-type: none"> 9:30 – Noodle Balloon Toss 10:30 – Table Games 1:30 – Music Connections 3:00 – Finish The Lyrics 6:00 – One to One Visit 9:00 – Late Night Snacks 	<p>20</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Manicures 1:00 – Inspirational Melodies 3:00 – IN2L Trivia Time 6:00 – A Dose of Devotion 9:00 – Late Night Snacks 	<p>21</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Starving Artists 3:00 – Happy Hour Sing A Long 6:00 – IN2L Computer (Funny Videos) 9:00 – Late Night Snacks 	<p>22</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 3:00 – Afternoon Refresher 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks
<p>23</p> <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	<p>24</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	<p>25</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – Out To Lunch (Carlo's Restaurant) 1:30 – Quiet Reflections In The Sensory Room 6:00 – Lifetime Movie 9:00 – Late Night Snacks 	<p>26</p> <ul style="list-style-type: none"> 9:30 – Noodle Balloon Toss 10:30 – Table Games 1:30 – Music Connections 3:00 – Finish The Lines 6:00 – One to One Visit 9:00 – Late Night Snacks 	<p>27</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Manicures 1:00 – Inspirational Melodies 3:00 – IN2L Trivia Time 6:00 – A Dose of Devotion 9:00 – Late Night Snacks 	<p>28</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Starving Artists 3:00 – Happy Hour Sing A Long 6:00 – IN2L Computer (Funny Videos) 9:00 – Late Night Snacks 	<p>29</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 3:00 – Afternoon Refresher 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks
<p>30</p> <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	<p>31</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	<p>Alzheimers/Dementia Support Group At Our Bourbonnais Campus (March 11th At 5:00pm)</p> <p>Please note that all programs are Subject to change.</p>		<p>VISITING PHYSICIANS</p> <p>Dr. Raley, Podiatrist • March (TBD)</p> <p>Erin Dean, FNP-BC (If you would like to switch over to her as your primary care giver) See Rosa Rodriguez for details.</p> <p>To schedule a single or reoccurring appointment, please contact Terri in the Memory Care office.</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one opportunities to assure all of our residents are engaged. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p> <p>Dimensions of Wellness Categories: • = Cognitive • = Emotional • = Physical • = Social • = Spiritual</p>	