
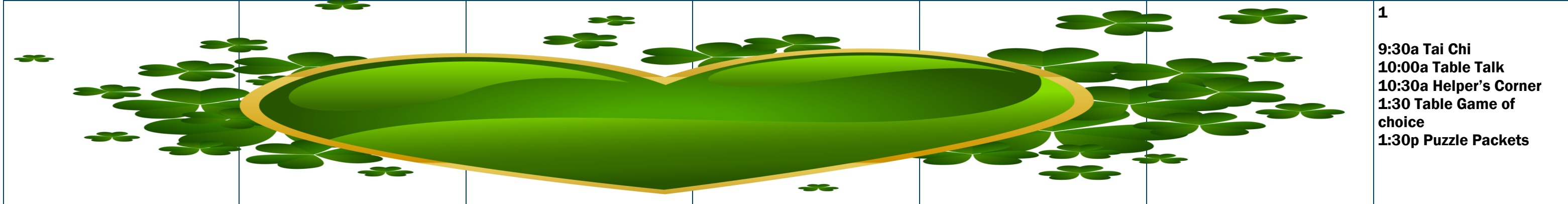












MARCH 2025 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT	
 <p>RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS:</p> <p>Dr. Guntunpalli—Psychiatrist March 6, 2025</p> <p>Dr. Raley—Podiatrist March 19, 2025</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS:</p> <p>Liz Deck, NP March 3, 2025 March 19, 2025</p> <p>Audiologist TBD</p>	<p>SALON SERVICES:</p> <p>Manicures Available by Activities</p> <p>Hair Appointments Tuesdays: 8:00a–2:00 Wednesdays: 12:30p–2:00p</p> <p>BANKING SERVICES: First Trust Bank March 11, 2025</p> <p>Available to cash checks, make deposits & withdrawals. Please contact the Concierge</p>	<p>Riverside Senior Life Communities</p> <p>Partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>			
							
<p>2</p> <p>9:00a Online Mass 9:15a Morning Meet & Greet In Café</p>  <p>1:30p Popcorn Cart 2:30p Movie Time 3:00p Poetry Club 4:00p Café Chat</p>	<p>3</p> <p>9:00a Morning Greet 9:15a Hydration Station 9:30a Cardio & Strength 10:15a St. Patrick's Craft 1:30p B-I-N-G-O/Bingo Store 3:00p Euchre Club 4:00p Café Chat 7:00p Olivet Free Concert Bus at 6:15p ; Sign up required</p>	<p>4 Happy Mardi Gras</p> <p>9:00a Morning Greet 9:15a Hydration Station 9:30a Tai Chi 10:30a Pastor Chambers Bible Study 1:30p Black Jack Cards 2:00p Pretty Nails and Eye Glass Cleanings in LLL 3:30p Jeopardy! ABC-TV</p>	<p>5 ASH WEDNESDAY</p> <p>9:00a Morning Greet 9:15a Hydration Station 9:30a Cardio & Weights 10:15a Max & Carol 2:00p BIRTHDAY SOCIAL 3:00p Communion 3:30p Jeopardy (ABC TV) 4:00p Cafe Chat</p>	<p>6 National Frozen food Day</p> <p>9:00a Morning Greet 9:15a Hydration Station 9:30a Chair Yoga 10:15a Pastor Sam Bible 11:00a PRETTY NAILS 2:00p Super Foods with Kaitlyn 3:00p Country Drive</p>	<p>7 9:00a Morning Greet 9:15a Hydration Station 9:30a Cardio & Strength 10:00a Euchre Club 1:30p B-I-N-G-O 3:00p HAPPY HOUR 4:00p Café Trivia</p> 	<p>8</p> <p>9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table Game of choice 1:30p Puzzle Packets</p>	
<p>9 Daylight Saving Time</p> <p>9:00a Online Mass 9:15a Morning Meet & Greet</p>  <p>1:30p Popcorn Cart 2:30p Movie Time 3:00p Poetry Club 4:00p Café Chat</p>	<p>10 National Blueberry Popover Day</p> <p>9:00a Morning Greet 9:15a Hydration Station 9:30a Cardio & Strength 10:15a Leprechaun Pin Craft 1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</p>	<p>11</p> <p>9:00a Morning Chronicles 9:15a Hydration Station 9:30a Tai Chi 10:00am GRUB Club w/Larry 10:30a Pastor Chambers in Club Room 1:30p Black Jack Cards 2:30p Pretty Nails in LLL 3:30p Eyeglass Cleanings 4:00p Café Chat</p>	<p>12</p> <p>9:00a Morning Chronicles 9:15a Hydration Station 9:30a Cardio & Weights 10:30 Shopping Outing Meijer</p> <p>2:00p Dave Deneau in CR 3:30p Jeopardy! ABC-TV 4:00p Cafe Chat</p>	<p>13</p> <p>9:00a Morning Chronicles 9:15a Hydration Station 9:30a Chair Yoga 10:15a Pastor Sam Bible Study 11:00a PRETTY NAILS 1:30 Table Game of Choice 2:30p Communion 3:00p Country Drive</p>	<p>14 National Chip & Dip Day</p> <p>9:00a Morning Greeting 9:15a Hydration Station 9:30a Cardio & Strength 10:00a Euchre Club 1:30p B-I-N-G-O 3:00p HAPPY HOUR 4:00p Café Trivia 5:00p Movie of Choice</p> 	<p>15</p> <p>9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table Game of choice</p> 	

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SUN	MON	TUE	WED	THU	FRI	SAT
<p>16</p> <p>9:00a Online Mass 9:15a Morning Meet & Greet In Café</p>  <p>1:30p Popcorn Cart</p> <p>2:30p Movie Time 3:00p Poetry Club 4:00p Café Chat</p>	<p>17 Happy St. Patrick's Day</p> <p>9:00a Morning Chronicles 9:15a Hydration Station 9:30a Cardio & Strength 10:30a Green River Floats & Cookies</p> <p>1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</p> 	<p>18 National Oatmeal Cookie Day</p> <p>9:00a Morning Greeting 9:15a Hydration station 9:30a Tai Chi 10:30a Pastor Chambers Bible Study in Club room 1:30p Black Jack Cards LLL 3:00p PRETTY NAILS and Eye Glass Cleaning 4:00 Café Chat</p>	<p>19</p> <p>9:00a Cardio & Weights 9:15a Hydration Station</p> <p>9:30a Cardio & Weights 10:15: 11:00am Boost your Mood w/ Marsha</p> <p>2:00p Entertainment Mick Porter </p> <p>3:30p Jeopardy! 4:00p Cafe Chat</p>	<p>20</p> <p>9:00a Morning Greetings 9:15a Hydration Station</p> <p>9:30a Chair Yoga 10:15a Pastor Sam Bible Study 11:00a PRETTY NAILS</p> <p>1:30 Table Game of Choice 2:00 Town Hall Meeting 2:30p Communion 3:00p Country Drive 4:00p Café Chat</p>	<p>21 National French Bread Day</p> <p>9:00a Morning Chronicles 9:15a Hydration Station 9:30a Cardio & Strength 10:00a Euchre Club</p> <p>1:30p B-I-N-G-O 3:00p HAPPY HOUR 4:00p Café Trivia 5:00p Movie of Choice</p>	<p>22</p> <p>9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30p Puzzle Packets 2:00p Musical Entertainment W/ John and Dennis</p>
<p>23</p> <p>9:00a Online Mass 9:15a Morning Meet & Greet In Café</p>  <p>1:30p Popcorn Cart</p> <p>2:30p Movie Time 3:00p Poetry Club 4:00p Café Chat</p>	<p>24</p> <p>9:00a Morning Greeting 9:15a Hydration Station 9:30a Cardio & Strength 10:30a Trivia Chat in CR</p> <p>1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</p>	<p>25</p> <p>9:00a Morning Chronicles 9:15a Hydration Station 9:30a Tai Chi</p> <p>10:30a Pastor Chambers Bible Study in Club Room 1:30p Black Jack Cards</p> <p>3:00p PRETTY NAILS and Eye Glass Cleaning 4:00p Café Chat</p>	<p>26 National Nougat Day</p> <p>9:00a Morning Chronicles 9:15a Hydration Station 9:30a Cardio & Weights</p> <p>10:30 Outing Dine Out Village Diner</p> <p>2:00p Craft TBD 3:30p Jeopardy (ABC TV) 4:00p Cafe Chat</p>	<p>27</p> <p>9:00a Morning Greeting 9:15a Hydration Station 9:30a Chair Yoga 10:15a Pastor Sam Bible Study 11:00a PRETTY NAILS</p> <p>1:30 Table Game of Choice 2:00 Taste & Travel w/ Kaitlyn 2:30p Communion 3:00p Country Drive</p>	<p>28 National Something on a Stick</p> <p>9:00a Morning Chronicles 9:15a Hydration Station 9:30a Cardio & Strength 10:00a Euchre Club</p> <p>1:30p B-I-N-G-O 3:00p HAPPY HOUR 4:00p Café Trivia 5:00p Movie of Choice</p>	<p>29</p> <p>9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table Game of choice 1:30p Puzzle Packets</p>
<p>30</p> <p>9:00a Online Mass 9:15a Morning Meet & Greet In Café</p>  <p>1:30p Popcorn Cart</p> <p>2:30p Movie Time 3:00p Poetry Club 4:00p Café Chat</p>	<p>31</p> <p>9:00a Morning Greeting 9:15a Hydration Station 9:30a Cardio & Strength 10:30a Craft Time w Marie Spring Wind chime</p> <p>1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</p>					