







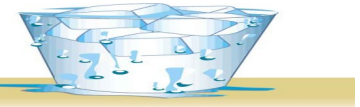
















# FEBRUARY 2025 | MEMORY CARE CALENDAR OF EVENTS

 <p><b>BOURBONNAIS GROVE</b> Riverside Senior Life Communities</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p>	<p>VISITING PHYSICIANS: <b>Dr. Guntunpalli-Psychiatrist</b> February 6, 2025</p> <p><b>Dr. Raley-Podiatrist</b> February 12, 2025</p> <p>To schedule a single or re-occurring appointment, Please contact The Concierge</p>	<p>VISITING PHYSICIANS: <b>Liz Deck, NP</b> February 5 2025 February 19, 2025</p> <p><b>Audiologist-TBD</b></p> <p>PLEASE NOTE ALL PROGRAMS ARE SUBJECT TO CHANGE .</p>	<p><b>MANICURES:</b> Available by Activities</p> <p><b>HAIR APPOINTMENTS:</b> Tuesdays: 8:00a-2:00p Wednesdays: 12:30p-2:00p</p> <p><b>BANKING SERVICES:</b> <b>First Trust Bank</b> February 11. 2025 Available to cash checks, make deposits &amp; withdrawals Contact the Concierge</p>	<p><b>Riverside Senior Life Communities</b> partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><b>Dimensions of Wellness Categories:</b> ● = Cognitive   ● = Emotional   ● = Physical   ● = Social   ● = Spiritual</p>		
			<p><b>8:45 Daily Morning Greetings and Chronicles</b></p>			<p><b>1</b> 9:30 Stretch Ex 10:00 Hydration Time 10:30 Mem. Game</p> <p>1:30 Bingo 2:30 Snack &amp; Chat 3:00 Sing with Me</p>
<p><b>2</b> 9:30am Online Catholic Mass 1:30pm Table Games 2:30pm Popcorn Cart</p>  <p>3:00 Creative coloring 4:00 Music Meditation</p>	<p><b>3</b> 9:30 Soccer Circle 10:00 hydration time 10:30 Cranium Crunches 1:30 Crafty Corner 2:30 Snack 7 Chat 3:00 IN2L Games 3:30 One On Ones</p> 	<p><b>4 Stuffed Mushroom Day</b> 9:00 Pretty Nails 10:30 Hydration Time 1:30 Bingo 2:30 Snack &amp; Chat 3:00 Sing with Me 5:00 One On Ones</p> 	<p><b>5</b> 9:30 Stretch Exercises 10:00 Hydration Time 10:15 Max &amp; Carol 2:00 Feb Birthday Social 3:00 IN2L Games 4:00 One On Ones</p> 	<p><b>6</b> 9:30 Cardio 10:00 Hydration Time 10:30 Country Ride CC 10:30 Movie JD 1:30 Tenzie Dice Game 2:15 Communion 2:30 Snack &amp; Chat 3:00 Rhythm Band 5:00 One on Ones</p>	<p><b>7 Wear Red Day</b> 9:30 Senior Motown 10:00 Hydration Time 10:30 You Tube Fun 1:30 Jolly Joggers 2:00 Mind Puzzles 2:30 Chit Chat 3:00 Happy Hour</p> 	<p><b>8 PacZki Day</b> 9:30 Stretch Ex 10:00 Hydration Time 10:30 Mem. Game 1:30 Bingo 2:30 Snack &amp; Chat 3:00 Sing with Me</p> 
<p><b>9 Happy B-Day David D .</b> 9:30am Catholic Mass 1:30pm Table Games 2:30pm Popcorn Cart 3:00 Creative Coloring 5:00 Super Bowl Sunday</p> 	<p><b>10 National Tator Tot Day</b> 9:30 Balloon Noodle V-ball 10:00 Hydration Time 10:30 Mind Benders 1:30 Crafty Corner 2:30 Snack &amp; Chat 3:00 IN2L Games 3:30 One On Ones</p>	<p><b>11</b> 9:00 Pretty Nails 10:30 Hydration Time 1:30 Bingo 2:30 Snack &amp; Chat 3:00 Sing with Me 5:00 One On Ones</p>	<p><b>12</b> 9:30 Stretch Exercises 10:00 Hydration 10:30 Five Below Outing 2:00 Jerry Downs Music 3:00 Snack &amp; Chat 4:00 One On Ones</p> 	<p><b>13</b> 9:30 Cardio 10:00 Hydration 10:30 C-Ride JD 10:30 Movie CC 1:30 V-Cards 2:15 Communion 2:30 Snack &amp; Chat 3:00 Rhythm Band 5:00 One on Ones</p>	<p><b>14</b> 9:30 Senior Motown 10:00 Hydration Time 10:30 Love Songs 2:00 Mick Porter 3:15 Valentine's Day Happy Hour Mend your Broken Heart Game 9:00 am start</p>	<p><b>15 Gum Drop Day</b> 9:30 Stretch Ex 10:00 Hydration Time 10:30 Mem. Game 1:30 Bingo 2:30 Snack &amp; Chat 3:00 Sing with Me Happy B-Day Judy P.</p>

# FEBRUARY 2025 | MEMORY CARE | CALENDAR OF EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>16</b> 9:30am Online Catholic Mass</p> <p>1:30pm Table Games 2:30pm Popcorn Cart</p>  <p>3:00 Creative coloring 4:00 Music Meditation Happy B-Day Gloria</p>	<p><b>17 Happy B-Day Lida Bell</b> 9:30 Drumercises 10:00 Hydration Time 10:30 Finish The Saying 1:30 Crafty Corner 2:30 Snack &amp; Chat 3:00 Wii Games 3:30 One On Ones</p> 	<p><b>18</b> 9:00 Pretty Nails 10:30 Hydration Time 1:30 Bingo 2:30 Snack &amp; Chat 3:00 Sing with Me 5:00 One On Ones</p> 	<p><b>19</b> 9:30 Stretch Exercises</p> <p>10:00 Hydration Time 10:30 A-Z Game</p> <p>1:30 Wii Games 2:30 Snack &amp; Chat</p> <p>3:00 In2I Games 3:30 One on Ones</p>	<p><b>20 Cherry Pie Day</b> 9:30 Cardio 10:00 Hydration Time 10:30 Country Ride CC 10:30 Movie JD 1:30 Tenzie Dice Game 2:15 Communion 2:30 Snack &amp; Chat 3:00 Rhythm Band 5:00 One on Ones</p> 	<p><b>21</b> 9:30 Senior Motown 10:00 Hydration Time 10:30 You Tube Fun 1:30 Jolly Joggers 2:00 Mind Puzzles 2:30 Chit Chat 3:00 Happy Hour</p> 	<p><b>22</b> 9:30 Stretch Ex</p> <p>10:00 Hydration Time 10:30 Mem. Game</p> <p>1:30 Bingo 2:30 Snack &amp; Chat</p> <p>3:00 Sing with Me</p>
<p><b>23</b> 9:30am Online Catholic Mass 1:30pm Table Games 2:30pm Popcorn Cart</p>  <p>3:00 Creative coloring 4:00 Music Meditation</p>	<p><b>24 Tortilla Chip Day</b> 9:30 Putt Putt Golf 10:00 Hydration 10:30 Down Memory Lane 1:30 Crafty Corner 2:30 Snack &amp; Chat</p> 	<p><b>25</b> 9:00 Pretty Nails 10:30 Hydration Time 1:30 Bingo</p> <p>2:30 Snack &amp; Chat 3:00 Sing with Me</p> <p>5:00 One On Ones</p>	<p><b>26</b> 9:30 Exercises 10:00 Hydration Time</p> <p>10:30 Carlos Outing 2:00 Mark on the Piano 3:00 Snack &amp; Chat 3:30 One on Ones</p> 	<p><b>27 National Strawberry Day</b> 9:30 Cardio 10:00 Hydration Time 10:30 Country Ride JD 10:30 Movie CC 1:30 Tenzie Dice Game 2:15 Communion 2:30 Snack &amp; Chat 3:00 Rhythm Band 5:00 One on Ones</p>	<p><b>28</b> 9:30 Senior Motown 10:00 Hydration Time 10:30 You Tube Fun 1:30 Jolly Joggers 2:00 Mind Puzzles 2:30 Chit Chat 3:00 Happy Hour</p> 	<p><b>DAILY:</b> 8:45 Morning Greetings / Daily Chronicles</p>



Happy Valentine's Day



RD