






FEBRUARY 2025 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT	
 <p>RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS:</p> <p>Dr. Guntunpalli-Psychiatrist February 6, 2025</p> <p>Dr. Raley—Podiatrist February 12, 2025</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS:</p> <p>Liz Deck, NP February 5, 2025 February 19, 2025</p> <p>Audiologist TBD</p>	<p>SALON SERVICES:</p> <p>Manicures Available through Activities</p> <p>Hair Appointments Available in the salon</p> <p>Tuesdays: 9:00am-12:30pm Wednesdays: 1:00pm—4:00pm</p> <p>BANKING SERVICES:</p> <p>First Trust Bank Tuesday 11th & 25th</p> <p>Available to cash checks, make deposits & withdrawls Please contact the Concierge</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged.</p> <p>If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>			
							
<p>2</p> <p>9:00a Online Mass 9:15a Morning Meet & Greet 10:00a Yoga</p> <p>1:30p Popcorn Cart</p> <p>2:30p Movie Time 3:30p Card Games 4:00p Café Chat</p>	<p>3</p> <p>9:30a Cardio & Strength 10:15a Valentine Décor Craft</p>  <p>1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat Happy Birthday, Audrey W.!</p>	<p>4</p> <p>9:30a Tai Chi</p> <p>10:30a Pastor Chambers Bible Study</p> <p>1:30p Kings on the Corners</p> <p>2:30p Pretty Nails in LLL Eyeglass Cleanings</p> <p>3:30p Jeopardy! ABC TV 4:00p Café Chat</p>	<p>5</p> <p>9:30a Cardio & Weights 10:15a Max & Carol Worship Music in CR</p>  <p>2:00p BIRTHDAY SOCIAL 3:30p Jeopardy (ABC TV) 4:00p Cafe Chat 6:00p PETE'S BAND</p>	<p>6</p> <p>9:30a Chair Yoga 10:15a Pastor Sam Bible Study 11:00a PRETTY NAILS</p> <p>~~~~~</p> <p>2:00p Super Foods w Kaitlyn Dark Chocolate</p> <p>2:30p Communion 3:00p Country Drive 4:00p Café Chat</p>	<p>7</p> <p>National Wear Red Day</p> <p>9:30a Cardio & Strength 10:00a Euchre Club</p> <p>1:30p B-I-N-G-O 3:00p HAPPY HOUR</p> <p>4:00p Café Trivia 5:00p Movie of Choice</p>	<p>8</p>  <p>National Paczki 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner</p> <p>~~~~~</p> <p>1:30 Table Game of choice 1:30p Puzzle Packets 3:30p Crafty Corner</p>	

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SUN	MON	TUE	WED	THU	FRI	SAT
<p>9 9:00a Online Mass 9:15a Morning Meet & Greet In Café 10:00a Yoga</p> <p>1:30p Popcorn Cart 2:30p Movie Time 3:30p Card Games 4:00p Café Chat</p> <p>SUPER BOWL SUNDAY</p> 	<p>10 National Tater Tot Day 9:30a Cardio & Strength 10:15a Gumdrop Craft</p>  <p>1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</p>	<p>11 9:30a Tai Chi 10:00a GRUB CLUB</p> <p>10:30a Pastor Chambers Bible Study 1:30p Blitz Cards 2:30p Pretty Nails and Eyeglass Cleanings</p> <p>3:30p Valentine's Candy Jars In CR 3:30p Jeopardy! ABC TV 4:00p Café Chat</p>	<p>12 9:30a Cardio & Weights 10:15a Table Games in the CR 10:30 Five Below Outing</p> <p>2:00p Jerry Downs</p> <p>3:30p Jeopardy (ABC TV) 4:00p Cafe Chat</p>	<p>13 Nation Chocolate Fondue Day 9:30a Chair Yoga</p> <p>10:15a Pastor Sam Bible Study</p> <p>11:00a PRETTY NAILS 1:30 Table Game Of Choice</p> <p>2:30p Communion 3:00p Country Drive</p>	<p>14 Happy Valentine's Day!</p>  <p>9:30a Cardio & Strength 10:00a Euchre Club 1:30p B-I-N-G-O 3:00p Valentine's HAPPY HOUR 4:00p Café Trivia 5:00p Movie of Choice 9:00 -3:00pm Mend your Broken Heart Game</p>	<p>15 NATIONAL GUM DROP DAY 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner</p> <p>~~~~~</p> <p>1:30p Puzzle Packets 3:30p Crafty Corner</p> 
<p>16 9:00a Online Mass 9:15a Morning Meet & Greet In Café 10:00a Yoga</p> <p>1:30p Popcorn Cart</p>  <p>2:30p Movie Time 3:00p Card Games 4:00p Café Chat</p>	<p>17 9:30a Cardio & Strength 10:15a Cookie Decorating 1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre Club</p>  <p>4:00p Café Chat</p>	<p>18 9:30a Tai Chi</p> <p>10:30a Pastor Chambers Bible Study</p> <p>1:30p Black Jack Cards</p> <p>2:30pm Pretty Nails and Eyeglass Cleanings in LLL 4:00pm Café Chat</p>	<p>19 9:30a Cardio & Weight 10:30a Cooking Act. TBD 11:00a BOOST YOUR MOOD W/Marsha</p> <p>3:30p Jeopardy (ABC TV) 4:00p Cafe Chat 4:30p Eye glass cleaning</p> 	<p>20 National Cherry Pie Day 9:30a Chair Yoga</p> <p>10:15a Pastor Sam Bible Study</p> <p>11:00a PRETTY NAILS 1:30 Table Game Of Choice</p> <p>2:00p TOWN HALL MEETING</p> <p>2:30p Communion 3:00p Country Drive</p>	<p>21 9:30a Cardio & Strength 10:00a Euchre Club 1:30p B-I-N-G-O 3:00p HAPPY HOUR 4:00p Café Trivia 5:00p Movie of Choice</p> 	<p>22 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner</p> <p>~~~~~</p> <p>1:30p Puzzle Packets 3:30p Crafty Corner</p>
<p>23 9:00a Online Mass 9:15a Morning Meet & Greet In Café 10:00a Yoga</p> <p>1:30p Popcorn Cart 2:30p Movie Time 3:30p Card Games 4:00p Café Chat</p> <p>Happy Birthday, Barbara S. !</p>	<p>24 National Tortilla Chip Day 9:30a Cardio & Strength 10:15a All-Season Center-piece Craft 1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</p> 	<p>25 9:30a Tai Chi</p> <p>10:30a Pastor Chambers Bible Study 1:30p Black Jack Cards</p> <p>2:30pm Pretty Nails in LLL</p> <p>3:30pm Craft TBD 4:40pm Café Chat</p>	<p>26 9:30a Cardio & Weights 10:45a Carlo's Dinner</p>  <p>2:00p Mark on the Piano 3:30p Jeopardy (ABC TV) 4:00p Cafe Chat</p>	<p>27 National Strawberry Day 9:30a Chair Yoga</p> <p>10:15a Pastor Sam Bible Study</p> <p>11:00a PRETTY NAILS 1:30p Table Game Of Choice 2:00p Taste & Travel w/ Katlyn</p> <p>2:30p Communion 3:00p Country Drive 4:00p Café Chat</p>	<p>28 9:30a Cardio & Strength 10:00a Euchre Club 1:30p B-I-N-G-O 3:00p HAPPY HOUR 4:00p Café Trivia 5:00p Movie of Choice</p>	